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## News from the Village

sent to us by Salum Kipoloya,  
the orthopaedic shoemaker

### *Dear Readers*

All of us here in Kindwitwi hope you have a good holiday and wish you a

*Happy New Year*

### *The President cleans up!*

I have heard there is a saying in English that a  
***New Broom Sweeps Clean!***

Well, our new President, John Magufuli (pictured),  
had a novel idea: he cancelled the Independence  
Day Celebrations and ordered a clean-up  
campaign instead, saying *It would be shameful to  
spend huge sums of money on celebrations when our people are dying of cholera.*



*From the BBC*

***And here in Kindwitwi, we took him seriously!***



This picture shows four of us at the  
end of our cleaning-up session. The  
plastic gloves are being taken off and  
thrown into the wheelbarrow. As you  
can see, it was quite tiring and our  
colleague, Maulid, had to have a  
sit-down!

We cleaned around the Dispensary,  
the Office and the Wards, while the  
Villagers cleaned around the rest of  
the village and their homes.

***We all thought this was such a good idea that every region,  
including ours, now has a plan to repeat the exercise monthly.***

*When you have read this Newsletter, please would you pass it on to a friend?  
This way, we can tell more people of the good work of RLT and Kindwitwi.*

## Leprosy News

We thought you might like to see the current leprosy work set out in an easy-to-read table

Leprosy work 1 July— 15 December 2015		
Activity	No of patients	Outcomes
Self-presentation at Kindwitwi Clinic, because people realised that they had lost the feeling in their feet.	4	All four were new patients: 3 Disability Grade 1 (numbness) 1 Disability Grade 2 (see photo below <sup>#</sup> ).
Case-finding of patients at outlying clinics by <b>Dr Rogers Nnally*</b> on his visits there.	6	4 were new patients: 3 adults and 1 child. All Disability Grade 0. 2 were returning patients, of whom: 1 did not continue with their medicines 1 relapsed after completing treatment.
Hospital screening of eye patients to check for leprosy damage.	15	The team arranged for all these people to be screened, but, luckily, none of them needed operations.
Prevention of disability in cured leprosy patients.	25	<b>Salum Kipoloya**</b> visited patients along the Mloka and Muhoro routes and saw 25 patients. On checking, he found 3 patients with ulcers. He explained how to care for these and provided advice on prevention.
Shoe provision.	41	<b>Salum Kipoloya</b> provided 41 patients with special shoes. 27 pairs of readymade shoes for those who still have toes. 13 pairs of special shoes made for those without toes. 11 pairs of shoes repaired.

The Outlying clinics included three Health Centres and three dispensaries. **Dr Rogers Nnally\*** is the District TB and Leprosy Co-ordinator. He was making routine visits to supervise and support the Health Workers there.



RLT helps to fund these visits

As well as being a specialist Orthopaedic Shoemaker, **Salum Kipoloya\*\*** is qualified to offer advice on the care of leprosy-damaged feet.



RLT pays for his salary and transport

### STOP PRESS!

Dr Nnally has just informed us that two more cases of leprosy have been found. 22 Dec 15



An example of Disability Grade 2 - see above<sup>#</sup>

Amazing as it may seem to those of us fortunate to have feeling in our feet, this foot injury did not cause any pain to the man concerned. Having suffered from leprosy, even though he is now cured, the man is still unable to feel any effect of the injury.

But, of course, this is not to say that the heel is free from the risk of infection and could not go septic. On the contrary, severe infections can result in such cases.

And so, you will understand why it is so important for our team to emphasise the need to keep the skin supple and really clean.

## A Recent Wedding



The bride was Asma, my niece, and here you can see the celebrations

In Rufiji, there is a tradition for girls, called ngoma/unyago. Before she is married, a girl is kept in her home and is taught how to take care of her new family after marriage, how to respect her elders and about discipline in general. This process now takes only a week, but it used to take up to three months.

*My best wishes to you all  
Salum*

## Notes from the Trustees

You will remember that, in the last issue, we announced a new Fundraising Initiative:

### MyHandsandFeet challenge

Using this picture:



We are pleased to tell you that we raised the grand total of £433.

Thank you to all who participated.

## The Penultimate of the Lamburn Tapes

At <http://www.rufijileprosytrust.org/penultimate-archive-reco.../>, you can find the ninth clip from our historical archive audio, showcasing Father Robin Lamburn talking of education and the importance of schooling in the Village - something that is as important now as it was then.

*Our best wishes to you all  
from the Trustees*

## How to find us online

### OUR LOGO

Its simple design gets home the message and is in the colours of the Tanzanian flag.



### OUR WEBSITE

spreads the word about our good work:

[www.RufijiLeprosyTrust.org](http://www.RufijiLeprosyTrust.org)

### SOCIAL MEDIA

In between newsletters we like to ensure we are keeping all of our friends and supporters updated on the work of RLT and life in Kindwitwi.



<https://www.facebook.com/rufijileprosy>



[www.twitter.com/rleprosytrust](http://www.twitter.com/rleprosytrust)

**SINCE RLT STARTED** using both Facebook and Twitter, we have reconnected with lots of our younger supporters and GAP-year volunteers to Tanzania.

### DONATE

You can donate through our Website using CAF, debit cards and major credit cards. This is now an important tool for RLT and is supported by CAF online.

CAF Charities Aid Foundation



# Contacts and information

## In the UK

### to make a donation contact:

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Financial Trustee

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Make cheques payable to  
Rufiji Leprosy Trust.

Banker's Order forms  
and Tax Declarations  
are available either on  
request or from the RLT  
website.

### to receive the RLT Newsletter contact:

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The Editors are always  
pleased to hear from you  
and we should welcome  
any contributions and notes  
about your visits to or  
memories of Tanzania.

## RLT The Rufiji Leprosy Trust is registered in the UK, Charity no 286242

### THE PATRON

Professor the Baroness Sheila Hollins

### THE TRUSTEES

#### President

Dr Alexander de Waal OBE

#### Co-Chair

Dr Sarah Feather  
Mr Geoffrey O'Donoghue

Mr Nicholas Bowley  
Ms Jenny Cosgrave  
The Reverend Victor de Waal  
Mrs Rachael Green  
Mr G W W Laverton MBE  
Mr Richard Luxmore  
Mrs Valerie Mead  
Mr William Powell  
Mr Henry Wilding

## In Tanzania

### to arrange a visit to Kindwitwi contact:

**Mr Abdallah Nguyu**  
Centre Manager

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*Texting is usually best*

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Kindwitwi Leprosy Care Centre  
Kindwitwi  
Utete  
Rufiji

## KLCCDA Kindwitwi Leprosy Care and Community Development Association is registered in Tanzania, Certificate No 58593

### THE DIRECTORS

#### Chair

Mr Burchard Rwamtoga

Mr Martin Hall, CEO International School of Tanganyika  
Mr Daniel Masunzu, Ministry of Health and Social Welfare  
Mr Omari Mtumbi, Kindwitwi Village Chairman  
Mr Peter Sasi, Dental Surgeon at Utete Hospital

### MANAGER and SECRETARY

Mr Abdallah Nguyu

RLT was set up in 1982 by founding trustees, Dr Alex de Waal OBE, The Rev Victor de Waal, Mr G W W Laverton MBE and the late Lord Pilkington, to continue and extend the work of Canon Robin Lamburn, who relocated to Rufiji in 1968 and, until his death in 1993, devoted himself to promoting a good life for the people in Kindwitwi Leprosy Village. Today, as KLCCDA becomes increasingly autonomous, RLT's primary function is to support KLCCDA in its work with the patients and people of Kindwitwi and the surrounding area. This work includes not only KLCCDA's leprosy work but also their efforts to gain self-sufficiency for themselves and those in the immediate Rufiji district, in cooperation with the Tanzanian Government authorities.